

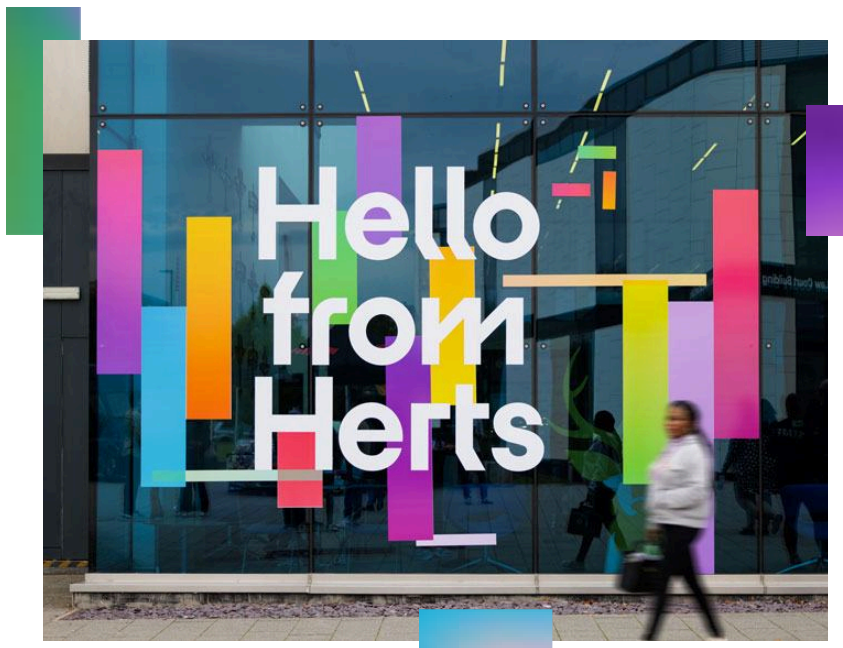
Master of Public Health (MPH)

100% Online | Part-Time

Promote Positive
Public Health

Herts Beats Faster

For more information on the online Master of Public Health (MPH) programme contact an Enrolment Consultant by email at online@herts.ac.uk



MPH & MPH with Leadership in Public Health Practice (Online)

This online programme is tailored for health professionals seeking to advance in public health practice, management, or research. It encompasses critical public health competencies and offers a specialism option in Leadership in Public Health Practice. Engage with a global student community and benefit from a curriculum enriched by our team's expertise in research methods, policy planning, health promotion, and illness management. The online MPH programmes at Herts are your gateway to improving health outcomes in diverse populations through evidence-based strategies. The programmes have gained validation from the Agency for Public Health Education Accreditation (APHEA).



Research
Impact

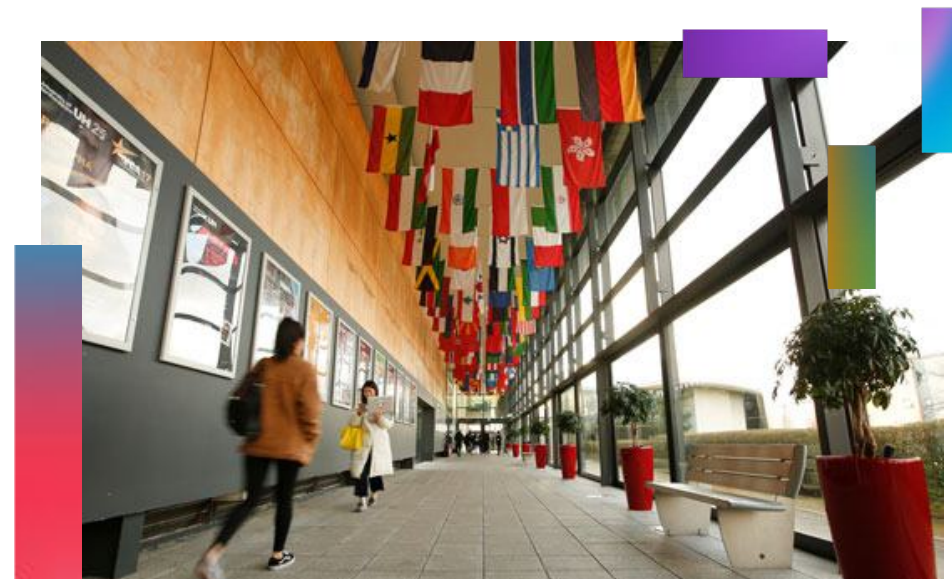
90%
world-leading

90% of our research is rated as 'internationally excellent' or 'world-leading' (Research Excellence Framework 2021)



Study with a Modern UK University Rooted in Industry

At the University of Hertfordshire, we champion a practical and forward-thinking approach to higher education. Home to a dynamic community of 32,000 students from over 140 countries, the University excels in bridging academic study with real-world application. You'll benefit from high-calibre instruction delivered by experts actively engaged in research that resonates beyond academia. With an impressive history of over 70 years, we've established robust industry connections that facilitate a wealth of professional networking opportunities.



Part-Time & 100% Online

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Elevate Your Public Health Career

The Master of Public Health programmes at the University of Hertfordshire are meticulously designed for those aiming to excel in public health. Join these courses to:

- Master evidence-based intervention design, implementation, and evaluation using epidemiological, demographic, and sociological data to improve public health.
- Develop into a public health leader by studying modules delivered by the UH School of Business and shared with our Global Executive MBA programme.*
- Learn to analyse complex population data to identify health inequalities, evaluate resources, and formulate compelling, data-led public health strategies for diverse audiences.
- Gain the confidence to make informed judgements in challenging scenarios, including situations with incomplete data.
- Enhance your career with a master's degree from a top 2 UK university for employability, focused on practical skills for targeted resource allocation in public health plans.

**Available on the MPH Leadership in Public Health Practice specialisation track.*

Who are the MPH Programmes for?

The Master of Public Health programmes are thoughtfully tailored to suit a wide spectrum of educational backgrounds and career goals (including managerial, policy and practitioner career pathways), making them a perfect fit if you are:

- ✓ An established health professional (doctor, nurse, clinician, dentist, etc.) seeking to deepen your understanding and skills in public health practice, management, or research.
- ✓ Committed to advancing public health through evidence-based strategies and interventions, addressing health inequalities and improving community well-being.
- ✓ Interested in specialising in public health leadership, equipped with insights from global health contexts and a focus on effective multidisciplinary collaboration.
- ✓ Keen on enhancing your research capabilities, aiming to conduct ground-breaking studies that contribute to the progress and development of public health.





Skills
Development

**2nd
in the UK**

Herts is ranked 2nd
for skills development
in the Postgraduate
Taught Experience
Survey (PTES) 2024

Your Career

Pursuing a Master of Public Health from the University of Hertfordshire online opens numerous career pathways in this diverse and expanding field:

Public Health Practitioner

Implement and manage health programs, focusing on disease prevention and health promotion in communities.

Health Policy Analyst

Develop and analyse policies that impact public health, working with government or non-profit organisations.

Epidemiologist

Investigate patterns and causes of diseases in populations, providing crucial data for public health decision-making.

Environmental Health Officer

Monitor and manage environmental risk factors, contributing to safer, healthier communities.

Health Promotion Specialist

Design and implement strategies to enhance health awareness and healthy lifestyles.

Public Health Researcher

Conduct research on various public health issues, contributing to the body of knowledge in the field.

Healthcare Manager

Oversee operations in healthcare settings, ensuring effective delivery of health services.

Global Health Consultant

Address global health challenges by working with international health organisations or NGOs.

Biostatistician

Apply statistical methods to analyse data and solve problems in public health and medicine.

Community Health Worker

Work directly with communities to improve health outcomes, focusing on outreach and education.

Health Program Evaluator

Assess the effectiveness of public health programs and suggest improvements.

A Public Health Faculty Known for Excellence and Interdisciplinary Collaboration

By joining one of the University's Public Health master's, you become part of a department known for impactful research in crucial areas like Pharmaco-epidemiology and Health Economy. This expertise shapes health policies and practices, with curriculum relevance ensured by our strong NHS and Local Authorities ties. You'll also benefit from our multidisciplinary approach, incorporating teaching & expertise from the Schools of Life and Medical Sciences, Health and Social Work, the Hertfordshire Business School, and the Centre for Research in Public Health and Community Care (CRIPACC).

Shared Core Modules

To obtain either the MPH or the specialised MPH with Leadership in Public Health Practice, you are expected to cover a comprehensive 180-credit curriculum designed to provide a deep and multifaceted understanding of public health. The core modules shared by both programmes are:



1. Public Health Foundations (30 credits)

In this foundational module, you'll delve into the nine core competencies of Public Health Practice outlined by the Faculty of Public Health UK. While analysing the structure, leadership, and accountability of the English NHS, the module also extends to global public health management. This includes examining health inequalities within and between countries and exploring diverse public health delivery and management strategies worldwide. Through case studies addressing issues like obesity and mental health, you'll gain insights into public health across various sectors, understanding the roles of multidisciplinary professionals in enhancing outcomes both in the UK and internationally.



2. Communicable and Non-Communicable Conditions (30 credits)

In these comprehensive modules, you'll study the aetiology, incidence, pathology and public health management of communicable and non-communicable conditions. You'll examine historical epidemiological trends and assess future disease developments, including changes in prevalence and new emerging infections. The module will guide you through the evaluation of different strategies—vertical, horizontal, and integrated system approaches. By exploring the evidence base for these approaches, you'll gain a nuanced understanding of how to effectively address the broad spectrum of health conditions impacting populations globally.



3. Public Health Research & Epidemiology (30 credits)

These modules lay the groundwork for understanding epidemiology and biostatistics, which are essential in the realms of health improvement, protection, and healthcare systems. You'll gain insight into the role of public health intelligence and applied epidemiological research and practice. You will develop core public health skills, including risk communication and managing uncertainty while gaining knowledge in infectious disease epidemiology and an overview of non-communicable conditions. By the end of the second module, you'll be adept at conducting strategic literature searches, utilising routine data in public health responses, and making evidence-based recommendations in various public health contexts.



4. Project Report (30 credits)

This capstone project hones your ability to evaluate evidence and develop research questions aligned with your interests. You'll refine your research skills, from devising specific search strategies to conducting critical appraisals. The module consists of a significant research project grounded in the skills gained from core modules. In this project, you'll apply public health research principles to a literature review and data analysis, demonstrating your comprehensive understanding and practical application of public health research.



5. Evidence Based Practice (30 credits)

The aims of this module are to enable students to demonstrate an understanding of levels of evidence and their hierarchy and develop the ability to critically evaluate the influence of external factors on the utilisation of evidence in health and social care.

Additional Modules Available only on the general MPH programme track

The combination of these two modules is designed to create graduates who have the ability to leverage multi-professional and multi-sectoral collaboration for health promotion goals, armed with a thorough understanding of how to affect behavioural change at the individual, community and societal levels and of how environmental policy, planning and design affect public health outcomes.

+ 1. Environmental Health & Well-Being (15 credits)

In this focused module, you'll dive into the impact of the environment on public health. You'll critically examine key areas like water and air pollution and the effects of climate change. The module also explores the role of environmental policies and sustainability in shaping health outcomes. Through analysis of various environmental stresses and real-world case studies, students will gain an in-depth understanding of how environmental factors influence health and well-being and the ability to conduct a thorough health impact assessment of environmental systems.

+ 2. Promoting Health (15 credits)

In this module, you'll gain an understanding of health promotion strategies by examining primary to tertiary interventions and public health roles. You'll uncover health systems ideologies, behaviour change theories, and intervention methods. You'll also explore the variations of health challenges globally, the role of law and culture in health policies, and the evidence supporting various health interventions. This module will provide you with the tools to not only manage existing health problems but proactively promote health and prevent disease.

Additional Modules Available only on the MPH Leadership in Public Health Practice

These two modules are shared with our Global Executive MBA programme. The combination of these modules is designed to create graduates who demonstrate high personal effectiveness, self-awareness and reflective practice as a leader in the public health field. Students will learn how to apply leadership and change theories in practice, develop their sensitivity to the diversity of people and situations, and effectively manage the kinds of multi-disciplinary teams that are often central to public health interventions.

+ 1. Leadership in Global Environments (15 credits)

This module guides you through leadership and management theories, enhancing your ability to lead and manage effectively in international or multi-cultural contexts. You'll reflect on your skills and attributes, applying these theories to your work environment. The focus is on developing intellectual, social, and practical skills to approach leadership challenges critically. Through this process, you'll engage in critical thinking and personal reflection, essential for continuous professional development.

+ 2. Organisational Development & Change (15 credits)

In this module, you'll delve into the intricacies of organisational change, design, and development. You'll critically examine key theories in organisational development, including Lewin's model, processual views, and psychodynamic tools. The course emphasises the importance of diagnostic tools, organisational design, interventions, and evaluation models. You'll also explore ethical practice, situational decision-making, and people-focused approaches. This module provides theoretical insights and practical applications, teaching you how to use diagnostic tools and intervention strategies effectively to facilitate change in work settings.

Assessments

Each 15-credit module consists of 6 weeks of learning followed by 2 weeks of assessments, while 30-credit modules involve 12 weeks of learning and 4 weeks of assessments. You'll be evaluated using a diverse range of methods to measure your understanding and skills, which may include:

- ✓ Essays
- ✓ Critical reviews and action plans
- ✓ Presentations and vivas
- ✓ Blogs and Wikis
- ✓ Project reports
- ✓ Written classroom discussion forums
- ✓ Working in asynchronous teams on projects
- ✓ Critical self-reflection exercises

Duration

Both programmes are delivered part-time, allowing you to combine your studies with other work and life commitments. The course lasts at least 24 months or two years for the 180-credit full MPH award.

Exit Options

You cannot complete any of the full MPH programmes in less than 2 years, but you may choose to exit your programme with a:

1. Postgraduate Diploma after 120 credits and 16 months of study
2. Postgraduate Certificate after 60 credits and 8 months of study.

Entry Dates

You can commence your studies when it is convenient to you with multiple entry dates throughout the year.

For the 2025/2026 academic year:

2025 — 15th September

2026 — 19th January, 25th May



Your Online Learning Experience

The MPH programmes deliver a fully online learning experience combining self-study with 'live' tutorials (usually fortnightly). This is around 3 tutorials for a 15-credit module and 5 to 6 for a 30-credit module. The exact content of these tutorials is at the discretion of the module leader. It may be to supplement a particular unit's theme or content, or discuss an upcoming assignment brief. These are most often in the evenings, UK time, and are recorded. These sessions add value to the programme, reduce feelings of isolation, and provide opportunities to meet your module leader and to get clarification where needed. These sessions are held through Canvas, the virtual learning environment.

While the course offers a great deal of flexibility, it is not self-paced. Each module has set start and end dates and includes fixed deadlines for assignment submissions and online tests. This permits a collaborative learning environment where everyone progresses along the course at the same pace. Modules follow directly one after the other with no scheduled breaks in between. This structure balances the flexibility of online learning with the structure needed to successfully navigate your course and complete it in just two years.

Technical Requirements

You can study this course anytime and from anywhere in the world but you will need to have access to a suitable desktop computer or laptop and a stable internet connection.

Recommended Study Time Per Week

While we don't expect you to be online all the time, we recommend dedicating approximately 15 to 20 hours per week to your degree and managing that time flexibly according to your own schedule.



Your Degree Certificate

Your degree has the same academic standing as an on-campus full-time degree. As such, your degree certificate is indistinguishable from a campus-based programme, issued directly by UH and makes no mention of 'online' anywhere. Your full transcripts will note the part-time, online mode of study and the results you attained in each module.

Your Graduation

You will have the opportunity to attend your graduation ceremony alongside on-campus students, celebrating your achievement in a memorable and communal setting. Ceremonies are typically held either at the historic Abbey Church of St Albans or at the Weston Auditorium on the de Havilland campus in either September or December.

Dedicated Student Support Online

As an online student at the University of Hertfordshire, you will receive multi-tier support tailored to the unique requirements of distance learning and postgraduate study. You will have access to:

- A programme leader for overarching course guidance and assistance.
- Module leaders who provide guidance with assessment queries and clarifying learning points.
- A student support team who will assist you with managing your schedule and pastoral support.
- Online events, meet and greets, Q&A sessions, study skills orientation, and continuous Canvas platform support.
- Student Wellbeing units, University Disability Advisors & Hertfordshire Student's Union.
- The dedicated Academic Support Unit of the Life & Medical Sciences School.



Student
Experience

**5th
in the UK**

Herts is ranked 6th
of all UK
universities in the
Postgraduate
Taught Experience
Survey (PTES 2024)

Career Service

As an online student at the University of Hertfordshire, you will have access to the dedicated Careers and Employment and Enterprise service online, supported by their outstanding jobs portal, HandShake.

They are here to help you develop your skills and make the best decisions for your future, offering assistance in:

- Searching for work experience opportunities
- Advice and tips on how to create the perfect CV
- Applying for jobs
- Undertaking further study
- Starting your own business

Entry Requirements

- **Academic Qualification:** A bachelor's degree in a relevant discipline, equivalent to a UK second-class Honours degree.
- **English Language Proficiency:** For international applicants whose first language is not English, an IELTS score of 6.0 (no less than 6 in reading and writing, 5.5 in any band), or equivalent is required.

Non-standard applicants without the required UK-equivalent, health-related Bachelors (Honours) 2:2 or above but with at least 3 years' relevant professional experience in public health, may also be considered on a case-by-case basis and should provide a detailed CV and a letter of reference in their application.

We offer multiple exemptions from the Proof of English Language Proficiency requirement for those who have worked or studied in an English-speaking country or those who have passed an English language test other than IELTS. Please speak to a Student Success Consultant or work through the online application form to find out if you qualify for an exemption.

Fees

For the 2025/2026 academic year, the total fee for the MPH and the MPH Leadership in Public Health Practice at the University of Hertfordshire is £12,360. To accommodate different financial situations, the University offers several flexible payment plans:

- Full Payment: Pay the entire fee.
- Per Module Payment: Pay the fees due for that module's credits. 15-credit modules are £1,030 and 30-credit modules are £2,060. You will typically study 30 credits per module.
- Instalment Options to break down the module fee further:
 - Two monthly instalments (75% and 25% of the module's fee)
 - Three monthly instalments (50%, 25% and 25% of the module's fee)
 - Four equal monthly instalments (25% of the module's fee each)

There are no upfront costs related to applying and starting your course. We don't charge an application fee nor a deposit. You will get your first notification of fees a few weeks into your first module. There are also no additional costs associated with the programme. You will receive free university access to any required software and learning materials.

Funding

All our master's programmes are eligible for government funding in the following countries and territories:

England

You might qualify for a Postgraduate Master's Loan of up to £12,858 provided by the UK Government. For further information, kindly visit [Student Finance England](#).

United States of America

If you are located in the USA, you might be eligible to apply online for a private [Sallie Mae student loan](#).

Northern Ireland

Should you be pursuing a part-time, online postgraduate master's degree from Northern Ireland, you might qualify for a Tuition Fee Loan of up to £6,500 to assist with tuition fee expenses. For more information, please visit [Student Finance Northern Ireland](#).

Wales

For residents of Wales pursuing a part-time, online master's degree, you might be eligible for Postgraduate Master's Finance, which offers up to £19,255 as a combination of grant and loan. For additional information, please visit [Student Finance Wales](#).

Application Process

Application is completed through the dedicated portal <https://applyonline.herts.ac.uk> and typically takes an hour to complete.

The supporting documents required are:

- Your final degree certificate or highest qualification
- The official transcripts or full statement of results for your degree or highest qualification
- A copy of your passport or ID

International education documents must be translated into English by an official translator.

Relevant experience is mandatory for those applying without a UK-equivalent Bachelors (Honours) 2:2 or above. You should also attach a copy of your CV and a reference letter.

Personal Statement

As part of your application, you will be requested to submit a 300-500-word essay detailing:

- why you want to study this course, if you have chosen a specialisation track
- how it fits with your goals and aspirations
- what your strengths are as a candidate
- how you plan to cope with the demands of the programme

Once submitted, your application will be assessed by our admissions team and a decision will usually be made within five working days.

Please speak to an Enrolment Consultant for additional assistance. They will be able to offer personalised support tailored to your unique background and circumstances.

[Book a meeting](#)



[Apply now!](#)

Regulating Body

University of Hertfordshire programmes are regulated by the Office for Students (OfS) established as the regulator of the English higher education under the provisions of the Higher Education and Research Act 2017 (HERA).

It's Time to Lead in Public Health

Your future as a leader in public health starts here. The Master of Public Health (MPH) programme at the University of Hertfordshire equips you with the skills, confidence, and expertise to make a real difference in health outcomes. Whether you aim to shape policies, lead research initiatives, or address global health challenges, this programme is designed to help you reach your goals.

Don't wait to unlock your potential. Apply today and join a global network of professionals who are shaping the future of public health. Your journey towards growth and career success begins with a single step – **take it now**.

Bet on yourself >>> **Apply now!**

This brochure was reviewed in May 2025. It contains information on the Master of Public Health (MPH) programme online that the University of Hertfordshire ("Herts") intends to run for students who are planning to start their course in 2025-2026. Herts has made every effort to ensure that this information is both helpful and accurate but some changes, for example to courses, facilities or fees, may become necessary due to legitimate staffing, financial, regulatory or academic reasons.

Herts will endeavour to keep changes to a minimum, and to keep applicants informed appropriately. For this reason, it is important that you regularly check the website (<https://online.herts.ac.uk>) for updates or contact Herts using the contact details contained within this document.



Part-Time & 100% Online

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